

FACIAL TREATMENTS

Three Levels of Facial Treatments

 **Express Facial – 30 minutes – \$65**
Cleansing, toning and moisturizing

 **Classic Facial – 45 minutes – \$95**
Cleansing, toning and moisturizing.
Choice of exfoliation, massage or masque.

 **Aveda Spa Facial – 60 minutes – \$130**
Cleansing, toning and moisturizing.
Includes exfoliation, massage and masque.

All-Sensitive Facial

Mindful techniques that take hyper-responsive skin to a state of balance. Integrates a modern understanding of sensitive skin with unique botanical formulations for gentle, yet effective, care.

Elemental Nature Facial

A custom facial for your skin type: includes complete skin analysis, deep pore cleansing with exfoliation, steam, massage, masque and botanical extracts to rejuvenate and nourish the skin.

Gentlemen’s Facial

A deep cleansing begins the treatment, followed by a gentle exfoliation and extractions. The neck and shoulder massage is certain to relieve tension and stress. A soothing masque will balance and hydrate your skin.

Outer Peace Acne Facial**

A total solution personalized for your skin that treats not only acne symptoms, but also its causes so skin stays clear. Includes consultation, professional exfoliation, pore extractions and redness reduction, stress-relief techniques, diet, and other individualized tips for an acne-conscious lifestyle.

Aveda Purifying Herbal Facial

A natural facial which consists of an herbal facial wrap and steam, as well as a deep cleansing and exfoliating treatment. While your masque is setting, aromatherapy oils will be massaged into your neck, shoulders and scalp.

Ultimate Hydration Facial

For thirsty, dehydrated skin. This luxurious facial includes a thorough cleansing, gentle steam and exfoliation. Your skin is prepped for the superior hydrating mask and creme to lock in the velvety feel.

Aveda Self-Renewal Facial (90 min) \$195

A customized treatment that relieves stress and balances face, body, and mind. Advanced flower and plant technology enhanced with indigenous wisdom and proven techniques of acupressure.

Botanical Skin Resurfacing Facial ** (90 min) \$195

Aveda’s innovative alternative to microdermabrasion. Our hands-on approach and the power of tourmaline smooths skin texture, reduces the appearance of fine lines, and diminishes pore size while significantly increasing radiance.

** Multiple sessions are needed for optimal results.

SPA PACKAGES

All spa packages can be customized to your needs and can include a hotel stay at Ye Kendall Inn and dinner at Limestone Grille.

Spa Package pricing is based on \$100 per hour

Mind, Body & Soul (7 hours)

Caribbean Therapy Soak in our Hydro-therapy tub bath, Ultimate Stress-Relief Massage, Aveda Self-Renewal Facial, Caribbean Therapy Experience Manicure and Pedicure, Shampoo/Blow-dry.

For the Beautiful Bride (5 hours)

Serenity Soak in our Hydro-therapy tub bath, Aveda Self-Renewal Facial & Décolleté Treatment, Aveda Spa Manicure & Pedicure, Hair Styling and a Bridal Makeup session. Also includes our *Spa* Bridal Kit with hairspray and lip and cheek color of your choice.

Girlfriends Spa-AAAHH Therapy (4 hours)

Aveda Elemental Nature Facial, Back-Neck & Shoulders Massage, Aveda Spa Manicure & Pedicure and a makeup touch-up.

Couple Time Together (4 hours)

Aveda Elemental Nature Facial, Aveda Elemental Nature Massage, Aveda Spa Manicure & Pedicure.

The Becoming Mom (3 hours)

Pregnancy Massage, Aveda Elemental Nature Facial, a Rosemary Mint Rejuvenating Pedicure.

Gentleman’s Retreat (4 hours)

Eucalyptus steam room before a Deep Tissue Massage, a Rosemary Mint Awakening Body Wrap, a Gentlemen’s Facial, and a Rosemary Mint Rejuvenating Pedicure. The ideal pampering for every gent about town!

Harmony & Purification (4 hours)

This exclusive package is for head-to-toe body exfoliation, cleansing and renewal. Revitalize with an Aqua Therapy Salt Scrub, a Purification Body Masque, Deep Tissue Massage, and our Detoxifying Foot Treatment (includes pedicure). Renew & Restart!

Customize Your Special Day

Create your own spa package. Mix and match our services to meet your special needs and desires.

*All services include luxurious robes, slippers, and full service men’s and women’s locker rooms with steamroom and showers.



We are located at Ye Kendall Inn,
in historic downtown Boerne:
128 W. Blanco Road
Boerne, Texas 78006

For spa reservations, please call 1-888-772-4846
Visit us online at www.yekendallinn.com
For hotel reservations, please call 1-800-364-2138



Imagine a return to the simplicity of nature...to wholesome and pure air...to a time when nature and human spirit co-existed peacefully and serenely. Envision the blooming wildflowers, the fresh grass, the musky scent of the trees beckoning nearby, as your feet soak in the inviting waters of a creek. A time when the earth’s soil, water, and sky provided all the nourishment we needed...made us relax...made us whole.

Imagine no more. The Spa brings you only the purest beauty and spa treatments from the land of Mother Nature—nestled in the heart of the Texas hill country. Welcome home... welcome to the tranquility of nature.

MASSAGE

Three Levels of Massages

- **Express Massage – 30 minutes – \$65**
Includes one essential oil and massage focus on either upper or lower body.
- **Classic Massage – 45 minutes – \$95**
Includes your choice of two essential oils, and massage focus on upper and lower body.
- **Aveda Spa Massage—60 minutes—\$130**
Includes three essential oils and full body massage focus.

Elemental Nature Massage
Classic full body massage. A blend of Swedish and circulatory strokes to promote relaxation and well being. Your therapist will custom blend an oil for your massage.

Back, Neck & Shoulders Massage
For those who wish to concentrate on these target areas for stress.

Deep Tissue Massage
Feel the tension melt away as your therapist works out the kinks—whether you’ve had a tough day at work or on the tennis court.

Pregnancy Massage
The atmosphere in the massage room is a perfect antidote to pre-natal stress. Your therapist will gently reduce aches and pains with a soothing massage.

Ultimate Stress Relief Massage—(90 min) \$195
Your treatment consists of an aroma therapy massage with your choice of essential oils for 90 minutes.

Chair Massages
5 minutes—Complimentary
15 minutes—\$32

HAND AND FOOT RITUALS

Three Levels of Manicures and Pedicures Based on massage time of hands and feet

- **Express Manicure/Pedicure – 30 minutes – \$25/\$45**
- **Classic Manicure/Pedicure – 45 minutes – \$45/\$65**
- **Aveda Spa Manicure/Pedicure – 60 minutes – \$65/\$85**

Specialized Manicures and Pedicures – 60 minutes	
Rosemary Mint Rejuvenating Manicure	\$75
Caribbean Therapy Manicure	\$75

Rosemary Mint Rejuvenating Pedicure	\$95
Caribbean Therapy Pedicure	\$95
Gentlemen’s Manicure	\$60
Gentlemen’s Pedicure	\$80
A New Beginning for Natural Nail Revitalization	\$130
Extreme Relief Pedicure	\$130
Detoxifying Foot Treatment	\$130
Full Set of Solar Nails	\$95
Solar Fills	\$65
Natural Nail Acrylic Overlay	\$55
Repairs	\$10/each
French Manicure Polish	\$25
French Pedicure Polish	\$25
Hand Polish Change	\$20
Foot Polish Change	\$20

Manicure & Pedicure Enhancements

Brightening Therapy \$45
Specially designed for dry and sun-damaged skin. This treatment lightens signs of aging while intensely nourishing and softening hands.

Hand Paraffin Wax Treatment \$25
Aveda’s Intensive Hydrating masque is applied and paraffin wax is used to seal in moisture for softer hands

Foot Paraffin Wax Treatment \$25
Aveda’s Intensive Hydrating masque is applied and paraffin wax is used to seal in moisture for softer feet

WAXING

Brow Design	from \$45
Brow Maintenance	from \$25
Lip	from \$20
Chin	from \$20
Face	from \$60
Bikini	from \$45
Brazilian Bikini Wax	from \$65
Underarms	from \$32
Arms	from \$65
Full Legs	from \$95
Half Legs	from \$65
Gentleman Back & Shoulders	from \$65
Gentleman Chest	from \$65

HOLISTIC HYDRO-THERAPY

Spa Hydro-Therapy treatments at \$130

Feel tension slip away as therapeutic water jets massage your body, or relax as a gentle rain cascades over you in our Rain Room.

Energizing Rosemary Mint Bath* (60 min)
Renew body and mind with this stimulating and nurturing bath. Essences of rosemary and peppermint will awaken your senses.

Detoxifying Bath* (60 min)
Mineral-rich Dead Sea salts—prized for centuries for their restorative effects—detoxify, soothe, refresh and hydrate dry, stressed skin. Combined with plant-based emollients and beneficial essences for a relaxing, aromatic bath experience.

Aveda Caribbean Therapy Soak* (60 min)
A rejuvenating and nurturing body treatment that uses the healing ingredients of the Caribbean to create inner calm and renew body and senses. You’ll be a million miles away in just minutes!

The Serenity Soak* (60 min)
Immerse yourself in this aromatic bath of hill country flowers and feel your stress melt away. Plant-derived aromas including rose, vanilla, and lavender help unwind body and mind.

* All Hydro-Therapy treatments begin with a nurturing full body dry exfoliation.

HAIR & STYLE

Levels	Stylist	Designer	Master
Haircut			
Men	\$45	\$55	\$65 and up
Women	\$55	\$65	\$75 and up
Youth (under 12)	\$25	\$35	\$45 and up
Blow dry & style	\$35	\$45	\$55
Highlights	\$75	\$125	\$155
Single Process color	\$75	\$85	\$95
Two-step color (bleach & tone)	\$115	\$125	\$135
Corrective color	Upon Consultation		
Permanent Wave	\$125	\$155	\$175
Spiral Treatment	\$155	\$175	\$195
Between cut fringe & nape trims		\$10	
Damage remedy hair & scalp treatment		\$85	
Bridal Updos		Upon Consultation	

MAKEUP & TINTING

Makeup Touch Up	Complimentary
Makeup Application	\$50
Bridal Makeup	\$80
Makeup Instruction	\$70
Eyebrow Tint	\$25
Lash Tint	\$30

The Spa
at YE KENDALL INN